

DonJoy® X-Act ROM™ Lite

APPLICATION INSTRUCTIONS

0

Initial Preparation



a. Pull out of the bagb. Open straps



c. Roll out the brace

2

Position Brace



a. Position under the leg.b. Shorter upright is applied to the thigh

3

Align first upright



a. Centered midline to the leg and midline to the patella



Foam liners



a. Begin with upper calf linerb. Wrap additional liners snuggly around the leg



Position additional upright



a. Position and press into placeb. Be sure hinges are at equal height



Strapping



a. Pull all slack out of straps
b. Loop through the D-rings and fasten the 2 straps closest to the knee

i. The upper calf being first

c. Secure additional straps

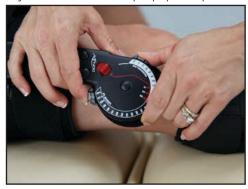




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Hinge

Adjustments to be made per physician protocol



- Adjust flexion and extension by pressing in the corresponding buttons and positioning to the desired Range of Motion setting
- Quick Lock feature allows for quick and easy locked settings of 0°, 15° or 30°

Uprights



- Telescope to desired length by depressing the slider button until the desired length is reached
- Ensure that both sides are equal in length

Straps



- "Y" hook and loop strap ends allow for easy length adjustments
- Cut to desired length

Tips

- Perform preliminary fitting prior to surgery whenever possible.
- Fit to patient with the brace in a locked out position.



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Read entire IFU statement. Be sure to follow your physicians instructions.

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